

The V Word

Good Practice in Volunteering

Dish out Dosh

In 2008, the Welsh Assembly Government made funding available to all 22 volunteer centres in Wales to run 'youth led grants' projects. This was done on the basis of research that was undertaken by the Government, in to how to get more young people to volunteer.

The result was a number of recommendations (called the 'Russell Commission Recommendations') which suggested that a good way of getting more young people to volunteer would be to give out grants that would allow them to run their own volunteering project.

To ensure the projects were innovative, creative and worthwhile, it has been decided that the grants would be given out by a panel of young people, who would be the decision makers as to which projects are successful in being funded.

This is the fourth year Dish out Dosh has run in the Vale. We are now looking for a new panel of volunteers to sit on the Dish Out Dosh Grants Panel.

You will be responsible for a big budget and making important decisions about which youth led volunteering projects in the Vale of Glamorgan get funding.

The aim of the project is to enable more young people to be able to run volunteering projects by giving out grants to cover project costs.

Volunteers must be aged between 14 and 25, and live in the Vale of Glamorgan. Full training and support is given for this role.

Participants must be enthusiastic about volunteering and willing to work as a

For further information please contact:

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Telephone: 01446 421782. Email: info@vvb.org.uk . Website: www.vvb.org.uk

team and get involved. If you work with any young people who might be interested in this role please contact:

holly@vvb.org.uk

Or

If you are an organisation looking for some money please bear Dish out Dosh funding in mind.

Your project must involve young people, involve volunteering and have a community benefit. Application forms will be coming out in August and money will be awarded in October. Projects must come to and end in March 2012.

For further information please contact;

holly@vvb.org.uk

Exploring Volunteering in End of Life care

Institute for Volunteering Research (IVR) is a research and consultancy agency specialising in volunteering.

IVR and the International Observatory of End of Life Care at Lancaster University have recently been awarded a major grant to research volunteering in end of life care.

The Marie Curie Cancer Fund and the Dimbleby Research Fund are funding a two-year project to explore the role that volunteers have in end of life care, particularly within hospices.

This project will build on research into volunteering in hospices that IVR undertook in 2004 and allows us to examine how volunteer roles have changed - and are changing - in this vital service area.

The project will begin at the start of July. For further information, [email Matthew Hill](#)

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Recognition Programs for Young Volunteers

Does your organisation engage with volunteers under 25 years old? Or do you know any young person who is currently volunteering?

If so, did you know that they can gain recognition for their volunteering?

The VVB facilitate three reward programs

- ★ **Star Volunteers-** for those under 16 years
- ★ **Millennium Volunteers-** for those over 16 years

Star and Millennium programs offer 3 certificates for 50, 100 and 200 hours. (200 hours is the award of excellence).

★ **Agored Cymru Accreditation** in Volunteering and Community Involvement once a young person has achieved 50 hours Millennium Volunteers.

Young people can gain three levels along with a range of skills and experience. All the levels require 20 hours of volunteering along with completing a small workbook.

Level 1 is the equivalent of D grade GCSE

Level 2 GCSE A-C

Level 3 is worth an A Level

For more information please contact: holly@vvb.org.uk

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EYV 2011 Alliance Website

Being half-way-through the European Year of Volunteering, let us remind you of the use you can make of the EYV2011 Alliance website.

Besides providing information on the EYV 2011 Alliance networks, it comprises of 9 main features: Question of the Month; Volunteering Commitments; Call for extraordinary stories from ordinary people; Online Marketplace; Resources Library; Funding Opportunities; the Yearbook 2011; a Press kit; and an EYV 2011 activities calendar.

This website is yours! You can contribute to it to make it a concrete expression of the value of the work done by your organisation and volunteers.

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Annual General Meeting

The Vale Volunteer Bureau will be holding its Annual General Meeting in the Corporate Suite at Vale of Glamorgan Civic Offices on Thursday 27th of October from 11am - 2pm.

The event will give you the opportunity to learn about the work the bureau has undertaken to support volunteers and organisations over the past twelve months. This year our key speaker is Assembly Member Jane Hutt.

We will also have the pleasure of awarding successful projects with cheques issued by our youth led grants panel Dish Out Dosh, as well as Star and Millennium Volunteers with their hard earned certificates.

A buffet will be provided afterwards and also the Chocolate Fountain.

Approved Mileage Allowance Payments – Passenger Payments

This applies to organisations where the volunteer uses their own transport as part of their volunteering. As of 6 April 2011 an allowance for passenger payments is currently in place which can be extended to volunteers at 5p per mile. If you are an organisation that has relevant funds in place, you can offer this to your volunteers as an added re-imbusement of expense.

VVB Volunteer

On Monday August the 8th the staff at the Vale Volunteer Bureau became volunteers for the day at Porthkerry Country Park. After a welcome from ranger, Mel, the staff got stuck in preparing an area of woodland for use by local school groups. The team cleared areas to be used for den building as well as creating paths and improving a camp fire area.

The day was a great success and was finished off in true outdoor style by cooking marshmallows around an open fire. The woodland has already been used by a group of children in a hectic but fun session of den building!

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